



Field Coordinator



Official terminology for conduct of Poomsae Competition
First, second and third round (use your right hand)

1th Poomsae:

- 1 . **Chul-jeon** (enter the court)
- 2 . **Cha-ryot**
- 3 . **Kyong-rye**
- 4 . **Joon-bi** (start time)
- 5 . **Shi-jak**
- 6 . **Ba-ro** (beginning break - off time of 1 Minute)
- 7 . **Shiyo** (take a rest)
- 8 . **Cha-ryot**
- 9 . **Kyong-rye**
- 10 . **Phio-Chul** (publication of score on the screen)
- 11 . **Tae-jang** (exit the cort)



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- 5 . **Shi-jak**
- 6 . **Ba-ro** (beginning break - off time of 1 Minute)
- 7 . **Hu-shik** (you can go to your coach)
- 8 . **Phio-Chul** (publication of score on the screen)
- 9 . (after 30 seconds) **call: Chul - Jeon** (enter the court)

2nd Poomsae:

- 1 . **Joon-bi** (start time)
- 2 . **Shi-jak**
- 3 . **Ba-ro**
- 4 . **Shiyo** (take a rest)
- 5 . **Cha-ryot**
- 6 . **Kyong-rye**
- 7 . **Phio-Chul** (publication of score on the screen)
- 8 . **Tae-jang** (exit the cort)